

Savatekarate Karatesavate

The terms "Savatekarate" and "Karatesavate" do not refer to official martial arts styles but rather suggest a blending or comparison of Savate and Karate techniques or philosophies. Here's a breakdown of the relationship and similarities between Savate and Karate, which may be what you are referencing:

Savate and Karate: Connections and Comparisons

- **Savate** is a French martial art and combat sport that combines Western boxing principles with a wide variety of kicking techniques^[1].
- **Karate** is a Japanese martial art known for its strikes, kicks, and open-hand techniques.

Historical and Technical Connections

- **Kicking Techniques:** There is ongoing debate and speculation about whether certain Karate kicks, especially higher kicks like the roundhouse (mawashi geri) and side kicks (yoko geri), were influenced by Savate or other Western martial arts. Some sources suggest that as Japan modernized in the late 19th and early 20th centuries, it adopted Western methods, including military training influenced by French Savate^{[2] [3]}.
- **Evidence and Debate:** While some martial arts historians and practitioners argue for a Savate influence on Karate, others point out that similar kicks existed in Asian martial arts before such contact. The evidence is often circumstantial, and the debate is ongoing^{[4] [2]}.
- **Modern Cross-Training:** Today, many practitioners cross-train in both Savate and Karate, noting similarities in kicking mechanics and sparring strategies. Seminars and videos often compare side kicks, blocking, and application between the two arts^{[5] [6]}.

Key Points from the Debate

- **Claims of Influence:** Some claim that all Karate kicks were copied from Savate, but this is widely disputed. For example, the hook kick and roundhouse kick have origins traced to both Chinese martial arts and Japanese adaptation, not just Savate^{[4] [2]}.
- **Cultural Exchange:** Japan's modernization period saw significant Western influence, including in military training, which may have introduced French combat methods to Japanese martial artists^{[2] [3]}.
- **Practical Similarities:** Both arts emphasize precise, powerful kicks and a combination of striking and movement, but their training methods, philosophy, and rules differ^{[5] [7]}.

Summary Table

| Feature | Savate | Karate |
|-----------------|---|--|
| Origin | France | Japan (Okinawa) |
| Main Techniques | Boxing punches, diverse kicks | Strikes, punches, kicks, open-hand |
| Influence | Possible influence on Karate's high kicks | Influenced by Chinese, possibly Western arts |
| Sport Focus | Full-contact, point-based, combat sports | Kata, kumite, self-defense |

Conclusion

There is no official style called "Savatekarate" or "Karatesavate," but the terms could refer to cross-training, hybrid techniques, or the historical debate about Savate's influence on Karate. The connection is plausible but not definitively proven, with both arts sharing some kicking techniques and possibly influencing each other through cultural exchange^[4] ^[2] ^[3].



1. <https://en.wikipedia.org/wiki/Savate>
2. <https://thetaichinotebook.com/2021/03/06/where-karate-got-its-kicks-from-it-was-the-french/>
3. <https://www.karatebyjesse.com/karate-savate-kicks/>
4. https://www.reddit.com/r/karate/comments/1b8dts5/the_savate_karate_connection/
5. <https://www.youtube.com/watch?v=gPSQoGfYHgk>
6. <https://www.youtube.com/shorts/B5XZjqxOQP8>
7. <https://www.youtube.com/watch?v=pBuBuQawtZ4>